

**Congratulations on your pregnancy and welcome to the university Hospitals of Leicester Maternity Services**

Now that you are pregnant we hope our maternity services can offer you the support and guidance you need in the coming months.

Leicester Hospitals are able to offer you:

* A 24 hour Home Birth Service
* A stand alone Birth Centre at St Mary’s Birth Centre in Melton Mowbray
* Midwife led Birth Centres at Leicester General and Leicester Royal Infirmary
* Two obstetric led units who are able to support women with medical issues or concerns that may arise.

Your first appointment will be over the phone with a community midwife, she will take a detailed history of any past pregnancies, any medical problems and any social circumstances that may be affecting you.

**What you need to do now:**

* Complete the form with this letter and hand it back to the receptionist **today;** this is important as the midwife will not be able to complete your first appointment unless this has been done.
* You will need a telephone appointment to speak with your community midwife for when you are 8-10 weeks pregnant. If you are more than 10 weeks now, we will make this appointment as soon as possible. You will then have a face to face appointment arranged which will discussed during your telephone appointment.
* Read the leaflet we have given you about screening tests for you and your baby, and we recommend that you watch the Screening Tests for you and your baby video on YouTube available at <https://www.youtube.com/watch?v=_afr5olIpTM> If you have any questions make a note of them and your midwife will be able to answer them during your telephone appointment.
* If you have not already done so, commence taking Folic Acid 400mcgs daily and Vitamin D 10mcgs (or a pregnancy specific multivitamin).
* **Please bring a urine sample to every community midwife appointment.**

If you have any concerns and wish to speak to a midwife before your appointment please call the community midwifery office on 0116 258 4834.

We look forward to meeting you very soon.

**Essential Information for the Midwife**

Form to be completed by all newly pregnant women needing to be book an appointment with midwife. The information must be passed to the midwife as soon as possible and she will contact the patient with an appointment. **It is essential you complete all questions on this form.**

**Any urgent referral please ring the St Mary’s community midwifery team on 01664 854854**

Miss/Mrs/Ms First Name……………………………...Surname………………………………………….

Date of Birth…………………………………………... NHS number………………………………………

Full Address……………………………………………………………………………………………………

…………………………………………………………………………………………………………………..

…………………………………………………………..Post code………………………………………….

Telephone number…………………………………… Ethnicity……………………………………………

Registered GP…………………………………………………………………………………………………

First Day of your last period………………………….

Email……………………………………………………………………………………………………………

Which hospital would you like to have your baby at? Home / LRI / LGH / SMBC / Other…………….

Is an interpreter required? Yes / No? If yes, which language is required?..........................................

Ethnicity of the baby’s father?.............................................................................................................

Next of Kin (Not necessarily partner)

Miss/Mrs/Ms/Mr First Name………………………. Surname…………………………………………….

Full Address……………………………………………………………………………………………………

…………………………………………………………Postcode…………………………………………….

Telephone number………………………………….

Relationship to mum to be………………………….

--------------------------------------------------- **MIDWIFE USE ONLY**--------------------------------------------------

* Appointment date……………………………
* E3 requested? Yes/ No Date requested……………………………………..